

HELP US TRY TO GET INTO THE GUINNESS BOOK OF WORLD RECORDS



Saturday, February 9th

Lake Nona YMCA

Activities beginning at 9 a.m.

Exercise class at 10 a.m.



Lake Nona YMCA

Bring the whole family and join us to **SET THE WORLD'S RECORD** for the largest kids' exercise class and help us support the **Central Florida YMCA** youth scholarship fund.

PRESENTED BY
**LAKE NONA
SUPER
SUPPERS** 
Your answer to ... "What's for dinner?"[®]

ONE IN EVERY THREE CHILDREN IS OVERWEIGHT IN CENTRAL FLORIDA!

Experts are predicting this will be the first generation with a shorter lifespan than their parents. The childhood obesity epidemic has to end! Our children's health is too important.

THANK YOU TO OUR COMMUNITY SPONSORS

